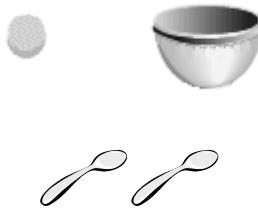


## Crushing Ciprofloxacin Pills for Your Child

- For child who weighs less than 73 pounds, you should crush the pill and mix it with a liquid. This will make it easier to give your child the correct amount.
- The amount of medicine depends on the child's weight. Give the amount marked below for your child.
- Give two doses each day. Give one in the morning and one in the evening.
- To make it taste better, the liquid medicine can be mixed with **a small amount** of food or juice. **Be sure the child takes all this mixture to get the full dose of medicine.**

### You will need:

- 1 Ciprofloxacin 500mg pill
- Metal spoon to crush the pill
- Measuring teaspoon
- Small bowl or cup
- 2 teaspoons of water



### Follow these steps:

- Put the Ciprofloxacin pill into a small bowl or cup.
- Use the measuring teaspoon to **add 2 teaspoons** of water to the bowl. Let the pill sit in the liquid to soften.
- Crush the pill** with the back of the metal spoon until no large pieces are seen.
- Stir the pill in the liquid for 1 minute to dissolve it.
- Measure the amount of liquid medicine** for your child's dose, as marked below. Stir or swirl the liquid to get it mixed well, then quickly use the syringe you were given to measure the dose.

Child's weight	Give this much liquid	How often each day
7-12 pounds (3-5 kg)	1 ml	Two times
13-22 pounds (6-10 kg)	2 ml	Two times
23-33 pounds (11-15 kg)	3 ml	Two times
34-44 pounds (16-20 kg)	4 ml	Two times
45-56 pounds (21-25 kg)	5 ml	Two times
57-72 pounds (26-32 kg)	7.5 ml	Two times
73 pounds or more (33 kg or more)	10 ml	Two times

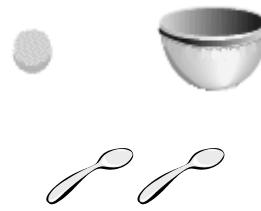
- The liquid should be kept covered in the refrigerator between doses.
- Mix the pill with liquid each day and throw away unused portions at the end of the day. The medicine mixed with liquid will go bad after 1 day.

# Sida Kiniinka Ciprofloxacin Loogu Burburiyo Ilmahaaga

- Marka miisaanka ilmahaagu ka yar yahay 33 kg (73 rodol), waa inaad burburisid kiniinka oo aad ku qastid hoore ama biyo. Tani waxay fududeyn doontaa in aad ilmahaaga siisid qadarka saxda ah.
- Qadarka dawadu waxa uu ku xidhan yahay miisaanka ilmahaaga. Qadarka hoos loogu calaamadeeyay, sii ilmahaaga.
- Maalin kasta sii laba qadar qaadasho. Hal sii subixii halna sii fiidkii.
- Si dhadhanku u fiicnaado, waxa dawada hooraha ah lagu qasi karaa **qadar yar** oo ah cunto ama miir khudaar. **Hubso in ilmuu qaato dhammaan isku-jirka, ama isku-qaska, si uu u helo qadar buuxa oo ah dawada.**

## Waxa aad u baahnaan doontaa:

- 1 kiniin oo ah Ciprofloxacin 500mg
- Qaaddo macdan ah oo aad ku burburisid kiniinka
- Qaaddo shaah oo aad wax ku cabiritid
- Baaquli ama koob yar
- 2 qaaddo shaah oo ah biyo



## Raac tallaabooyinka:

1. Baaquli ama koob yar, ku rid kiniinka Ciprofloxacin.
2. Isticmaal qaaddada shaaha ee cabirista oo **2 qaaddo shaah oo ah biyo** ku dar baaquliga. Kiniinka u daa biyaha si uu u jilco.
3. **Kiniinka ku burburi** dhabarka qaaddada macdanta ah ilaa aan laga arag qaybo waaweyn.
4. Kiniinka ku walaaq hooraha ama biyaha mudo ah 1 daqiqo si uu u milmo.
5. **Cabir qadarka qaadashada ee dawada hooraha ah** ee aad siinaysid ilmahaaga, adiga oo raacaya sida hoos lagu calaamadeeyay. Walaaq ama qaaddada ku wareeji hooraha si uu si fiican isugu qasmo, ka dibna dhakhsu u isticmaal siringaha lagu siiyay oo cabir qadarka qaadashada.

Miisaanka ilmaha	Sii qadarkan ah hooraha	Intee jeer maalintii
3-5 kg (7-12 rodol)	1 ml	Laba wakhti
6-10 kg (13-22 rodol)	2 ml	Laba wakhti
11-15 kg (23-33 rodol)	3 ml	Laba wakhti
16-20 kg (34-44 rodol)	4 ml	Laba wakhti
21-25 kg (45-56 rodol)	5 ml	Laba wakhti
26-32 kg (57-72 rodol)	7.5 ml	Laba wakhti
33 kg ama ka badan (73 rodol ama ka badan)	10 ml	Laba wakhti

- Waa in hooraha oo daboolan uu ku jiro qaboojiyaha inta u dhexeysa qaadashooyinka.
- Maalin kasta kiniinka ku qas hoore ama biyo cusub ka dibna tuur qaybta aan la isticmaalin dhammaadka maalinta. Dawada lagu qasay hoore waxay xumaan doontaa 1 maalin ka dib.

Directions for Anthrax Prevention for Children Under 73 Pounds  
using Crushed Ciprofloxacin 500mg Tablets. Somali

Adapted by the Communicable Disease Prevention Team of Columbus Public Health from protocols developed by Ohio Dept. of Health 3/08